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OMAN MEDICAL SPECIALTY BOARD

About OMSB

The Oman Medical Specialty Board (OMSB) was established by the Royal Decree no: 31/2006 issued on 03 Rabai I, 1427 H, corresponding April 2, 2006.

The Oman Medical Specialty Board (OMSB) is an independent body located in Muscat and may practice its functions in other premises.

OMSB Mission

The mission of the Oman Medical Specialty Board is to maintain and improve the quality of medical care throughout the Sultanate of Oman. This can be achieved by developing and maintaining postgraduate medical specialty education and setting the professional and educational standards for the training and certification of medical and health professionals. OMSB will strive to educate the next generation of leaders in medicine and lead with compassion, creativity, flexibility and steadfastness to meet the challenges of the new century and to fulfill our destiny of service and quality.

OMSB Vision

OMSB vision is to achieve excellence in postgraduate medical education, training, assessment and accreditation throughout the Sultanate of Oman. This will improve the knowledge, skills, and experience of the medical and health care professionals. Through this, the OMSB has a vision to improve the health and health care of patients and the Omani community to achieve or exceed international standards and expectations.

Aims and Objectives

Article five of the board system promulgated by the Royal Decree No: (31/2006) stipulates the following objectives required to be achieved by the board:

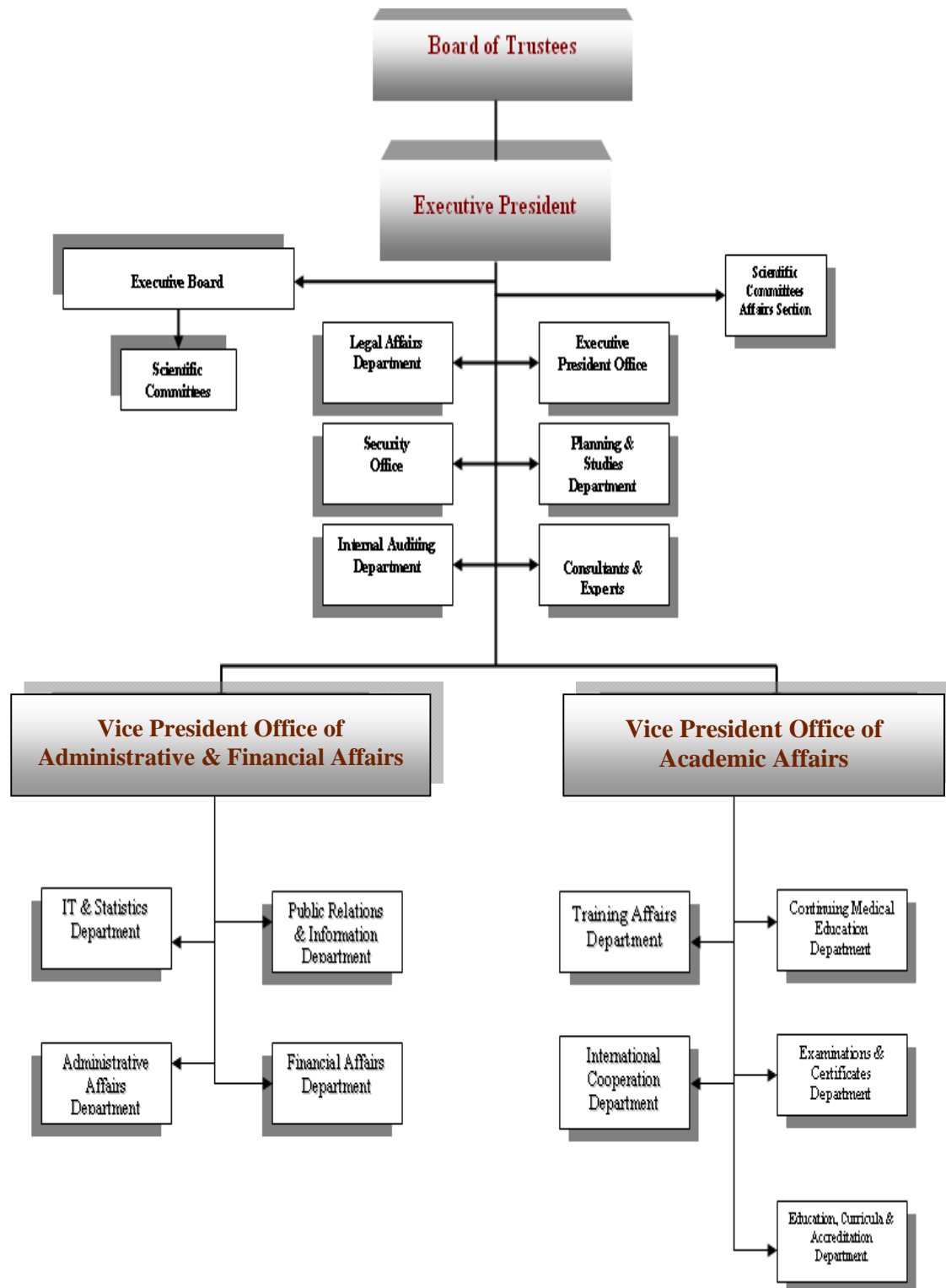
1. Prepare, rehabilitate, upgrade and develop professional performance and enrich the scientific thought of doctors.
2. Contribute to the goals of human resources development in the medical field.
3. Establish and develop relations with local, regional and international medical bodies.
4. Obtain international accreditation for its training programs.

The OMSB's aims and objectives are achieved through the following:

1. To set up, design, supervise and approve postgraduate medical specialty programs for doctors and other health professionals as well as set up continuing medical education programs in health specialties.
2. Establish, supervise, and develop the Scientific Committees necessary for assisting the OMSB.
3. Accredite and evaluate health institutions established for specialization purposes.
4. Supervise specialty professional examinations through specialized scientific committees and approve the examination results.
5. To issue professional certificates such as diplomas, fellowships and memberships whether the examination is conducted by health institution or in cooperation with the OMSB.
6. Coordinate with other professional health councils, organizations, associations and other health professional colleges within or outside the Sultanate.
7. Evaluate professional health certificates.
8. Encourage research and the publication of scientific articles in peer reviewed journals and issue specialty journals, magazines and periodicals.

9. Participate in proposing general plans for preparing and developing manpower in health field.
10. Organize conferences and seminars in medical education and follow up the recommendations and decisions related to them.
11. Encourage scientific research, propose topics and provide financial support either in full or in part.
12. Recommend establishing Scientific Associations for medical specialties.
13. Coordinate with the Ministry of Health and the other government authorities to set regulations and standards in practicing medicine; to register medical doctors and report those who are barred from practicing medicine in the Sultanate.
14. Improve the supervision of training.
15. Provide managed structures and processes to ensure that the quality of postgraduate medical education is maintained.
16. Participate in organizing CPD activities including medical conferences and workshops in the Sultanate.
17. Send Medical Professionals abroad and follow up their academic affairs.
18. Coordinate with medical institutions and competent authorities to find training opportunities for doctors to be sent abroad.

Organizational Structure & Departments



ADMISSION & REGISTRATION TO THE TRAINING PROGRAMS

Acceptance in training programs of medical specialties

1. He/she must be a holder of Bachelors Degree in Medicine & Surgery or equivalent from a University recognized by the OMSB.
2. He/she must have completed a year of internship.
3. He/she must be of good conduct & medically fit for the specialty.
4. He/she must provide three letters of recommendation from three consultants with whom he/she has worked confirming his/her ability & capability of training.
5. He/she must submit a letter of approval from his/her sponsor confirming permission to join the OMSB Specialty Training Program on full time basis for the entire period of training.
6. He/She must pass the interview.
7. The Scientific Committees may add other conditions, oral or written exams, or tests for admission as approved by OMSB.
8. The trainee must fulfill the additional conditions & pass the oral and written examinations set by the program.
9. The trainees are selected as per the OMSB rules & regulations.

Registration with the OMSB

- After the acceptance of the trainee in one of the training programs, the names of the trainees accepted for admission shall be submitted to OMSB for registration. Registration must be completed no later than one month prior to the beginning of the training year. When registration is completed, the final list will be sent to the Scientific Committees.
- Every trainee who wishes to continue in the OMSB Medical Specialty Training Programs must register with the OMSB at the beginning of each training year.
- A trainee is not permitted to register in more than one training program of the OMSB at a time.
- The trainee must comply with the training rules and regulations issued by the OMSB and the Scientific Committees.

- The trainee or his/her sponsor shall undertake to pay the annual training fees prescribed by the OMSB.
- The trainee shall dedicate himself/herself to full time commitment to training throughout the entire period of the Training Program.
- The trainee is prohibited from working in Private Sector at any time during the Training Program.

List of Programs

The board has approved the following scientific committees:

1. Anesthesia
2. Biochemistry
3. Child Health
4. Dermatology
5. Ear, Nose and Throat (ENT)
6. Emergency Medicine
7. Family and Community Medicine (FAMCO)
8. General Surgery
9. Hematology
10. Histopathology
11. Internal Medicine
12. Microbiology
13. Obstetrics & Gynecology
14. Ophthalmology
15. Psychiatry
16. Radiology
17. Others determined by a decision from the Board of Trustees.

OMSB TRAINING PROGRAMS

ANESTHESIA PROGRAM

MISSION

To enhance the recruitment of Omani graduates into the specialty of anesthesia and critical care.

- To train the graduates in the areas of knowledge, skills and attitude specific to anesthesiology, critical care medicine and pain management to current international standards.
- Upon completion of training, a resident is expected to be a competent specialist anesthesiologist, capable of functioning independently.

OBJECTIVES

Upon successful completion of the training program (Board Certified), a resident is expected to have the following capabilities and skills:

- Possess a sound knowledge of the basic sciences as applicable to anesthesia, critical care and pain management including anatomy, physiology, pharmacology, biochemistry, clinical measurements and physics.
- Demonstrate knowledge of age related variables in medicine as they apply to neonatal, pediatric, adult, and geriatric patient care.
- Establish a professional relationship with the patients and families; discuss appropriate information with them, and other members of the health care team.
- Able to undertake pre-operative assessment, obtain consent for anesthetic procedure and prescribe proper premedication.
- Adequate knowledge to use anesthetic equipment in a safe manner, and understand the interpretation and limitations of monitoring equipment.
- Be able to undertake routine induction, maintenance and recovery from general anesthesia and the safe discharge of the patient from the recovery room.

- Recognize ASA III, IV, V patients, the potential for difficult intubation and the timing and need for assistance and consultation.
- Able to assess, resuscitate and manage trauma/burn patients, and stabilize them and prepare for transfer if indicated.
- Sound knowledge of resuscitation of patients following respiratory or cardiac arrests.
- Possess theoretical knowledge and clinical skills to establish and manage different regional anesthetic techniques.
- Assessment and provision of appropriate care of the mother and neonate in obstetrics.
- Able to diagnose and manage critically ill patients and perform practical invasive procedures.
- Possess the necessary knowledge, skills and attitudes relevant to acute and chronic pain management.
- Be able to understand the statistical fundamentals upon which most clinical research is based.
- Possess high ethical and moral standards.

LIST OF TRAINING CENTERS

- Royal Hospital
- Sultan Qaboos University Hospital
- Khoula Hospital
- Al Nahdha Hospital
- Armed Forces Hospital

CONTACT COORDINATOR

Ms. Catherine Pugao
Office No: 24499252 Ext. 131
Fax: 24496802
E-mail Address: anesthesia@omsb.org

BIOCHEMISTRY PROGRAM

VISION

The Clinical Biochemistry Training Program will develop and prepare graduates to lead a full and comprehensive high quality clinical biochemistry service in the hospital

MISSION

To set standards for training of medical graduates to attain full professional clinical biochemistry experience and competency level of consultant in this specialty.

OBJECTIVES

The objectives of the OMSB (Oman Medical Specialty Board) of Clinical Biochemistry Fellowship program are to provide:

- Experience of laboratory practice to attain an understanding of biochemical processes with pathological change, rationale for investigation and treatment of disease and interpretation of test results
- Experience of diagnostic techniques required to become technically competent, and to master the underlying principles
- The opportunity to gain knowledge of specialist area such as pediatric clinical biochemistry and toxicology
- The acquisition of ability to provide special opinion acquisition of management skill to lead a department providing an effective service
- Experience of conducting developmental projects research, audit studies through evaluation of practice
- Training in the communication and teaching |skills necessary for effective practice

TRAINING CENTERS

- Royal Hospital Clinical Laboratory
- SQUH Clinical Laboratory

CONTACT COORDINATOR

Ms. SuzetteVisda

Office No: 24499252 ext. 115

Fax: 24496802

E-mail Address: biochemistry@omsb.org

CHILD HEALTH PROGRAM

VISION

- To have well-trained, skilled and competent Omani Pediatricians capable of providing excellent Child Health services and care for all Omani children.
- To improve the health and health care of all children in Oman

MISSION

The Child Health Scientific Committee will strive to ensure that all Child Health trainees possess sound knowledge; skills and experience through uniform high quality training enable them to be competent pediatricians providing the highest level of quality care in Oman.

OBJECTIVES

- To develop sound knowledge in the principles and practice of Pediatrics and Neonatology.
- To develop competence in taking history and performing complete physical examination.
- To develop the skills of summarizing a case and be able to formulate a sound working diagnosis, order appropriate laboratory tests logically and conservatively in order to make accurate diagnosis and formulate a sound management plan based on evidence-based practice.
- To be able to provide continuous care to families on a long term basis when required.
- To be able to recognize and manage effectively common emergency and life- threatening situations.
- To be able to communicate effectively with colleagues and other health care team members both in Hospital and Community setups.
- To be able to accept, discuss and advise the physicians calling for referrals from the peripheral health care facilities.
- To be able to effectively teach, train and supervise the work of junior

colleagues and other health care staff.

- To be able to effectively communicate with the family on various health care issues including the counseling on genetic diseases.
- To be able to provide appropriate preventive, social and community care.
- To be able to assume the role of a strong child advocate.
- To be able to maintain good orderly and informative medical records.
- To be able to educate and update himself/herself and others with the current and up-to-date knowledge and eagerly participate in the departmental and Hospital CPD programs.
- To be able to recognize various issues requiring medical research and develop an appropriate plan to conduct one.
- To be punctual and able to attend to his duties promptly and willing to co-operate in performing extra duties without hesitation if required in times of untoward situations.
- To develop high moral and ethical standards

TRAINING CENTERS

- Sultan Qaboos University Hospital
- Royal Hospital

CONTACT COORDINATOR

Ms. Cherry Santos

Office No: 24499252 ext. 109

Fax: 24496802

E-mail Address: pediatrics@omsb.org

DERMATOLOGY PROGRAM

VISION

Provision of state of art professional training in the field of Dermatology and sexually transmitted disease in order to produce a skilled competent knowledge specialist to perform duties safely and effectively with essential responsibilities and attitudes

MISSION

- To produce a competent knowledgeable dermatologist capable of functioning independently after successfully completing an approved educational programme and an evaluation, including an examination process designed to assess the knowledge, experience and skills requisite to the provision of high quality patient care in dermatology.
- To provide an educating environment that will promote high quality education in both knowledge and practical skills and as well, as achieve a trend towards medical research.

OBJECTIVES

- Specialist in dermatology should have a high degree of competence in diagnosing and treating diseases of skin and genito urinary medicine and its allied branches.
- Should gain enough clinical and technical experience to practice as a safe and a competent dermatologist.
- Should be well versed with basic dermatological surgical techniques and current modalities of therapy.
- Should be able to recognize dermatological emergencies and manage them effectively.
- Possess good skills in various diagnostic and therapeutic procedures in dermatology.
- Keep orderly accurate and informative medical records.
- Should possess skill to select relevant investigations logically and interpret effectively.

TRAINING CENTERS

Main Training Center: Al Nahdha Hospital

Allied Training Centers: Baushar Clinic

Sultan Qaboos University

Royal Hospital

Khoula Hospital

CONTACT COORDINATOR

Ms. Julie Vida

Office No: 24499252 ext. 116

Fax: 24496802

E-mail Address: dermatology@omsb.org

EAR, NOSE & THROAT (ENT) PROGRAM

MISSION

- The training programme should aim to groom the trainees so that they are competent and knowledgeable specialty practitioners and they should be able to:
- Complete the training with utmost sincerity and commitment so as to have an all-round development and successfully achieve the learning objectives as set out in the curriculum.
- Provide the optimal services to patients while keeping international standards as the benchmark.
- Apply the knowledge of TQM to maintain and improve the quality of health care.
- To develop attitude in training which will encourage continuous professional development and understand the importance of ethical medical practice.
- Make the trainees aware about various National Programmes (e.g. National Ear Care Programme) so that they can richly contribute to all levels of preventive and therapeutic aspects of community service.

TRAINING CENTERS

- Al-Nahdha Hospital
- Sultan Qaboos University Hospital
- Royal Hospital
- Khoula Hospital

CONTACT COORDINATOR

Ms. Julie Vida

Office No: 24499252 ext. 116

Fax: 24496802

E-mail Address: ent@omsb.org

EMERGENCY MEDICINE PROGRAM

MISSION

Our mission in the Emergency Medicine Specialty Training is to emphasize on the acquisition of the ideal roles and competencies a specialist is expected to fulfill. These roles and competencies have been incorporated into the postgraduate residency training program. There are 7 roles that we want to stress on: Medical Expert, Communicator, Collaborator, Manager, Advocate, and Professional. All our residents in Oman Medical Specialty Board –Emergency Medicine - will be evaluated (and potentially examined) based on these roles. The following table is a brief description of these roles:

- Medical Expert
- Communicator
- Collaborator
- Manager
- Scholar
- Advocate
- Professional

VISION

To achieve an excellence in Emergency Medicine Training in Oman.

OBJECTIVES

The specific pre-requisite knowledge or skill that the Resident in Emergency Medicine should acquire in order to achieve the terminal education objectives in each of the core content categories will determine a program enabling education objectives. These enabling educational objectives should be identified prior to each rotational experience and in developing formal teaching program. Formal assessment that these objectives have been achieved should be provided through end of rotation evaluations and in-training examination of each Resident.

The Resident in Emergency Medicine is expected to demonstrate consultant level abilities in the recognition under standing and treatment of illness and injuries.

During the course of education program, the Resident must acquire and demonstrate satisfactory competence in knowledge, clinical skills, technical skills, and administrative skills and attitudes consistent with the practice of the breadth and depth of emergency medicine.

TRAINING CENTERS

- Sultan Qaboos University Hospital
- Royal Hospital
- Armed Forces Hospital
- Al-Nahdha Hospital
- Khoula Hospital

CONTACT COORDINATOR

Ms. Ghie Benolo

Office No: 24499252 ext. 115

Fax: 24496802

E-mail Address: emergency@omsb.org

FAMILY AND COMMUNITY MEDICINE (FAMCO) PROGRAM

MISSION

To graduate caring, competent and collaborative family physicians who are well oriented to the problems and needs of the community in Oman.

VISION

Our program will achieve excellence in training future family physicians with the skills, values and attitudes to practice high quality Family Medicine

OBJECTIVES

At the end of the program, the graduate will be able to do the following:

- To form good relationships with patients, families and the community and meet their needs and fulfill their expectations.
- To diagnose and manage medical conditions commonly encountered in primary care.
- To provide effective comprehensive and continuing care for individuals, families and community.
- To deal in a balanced way with physical, psychological and social problems of patients.
- To use available community resources, secondary and/or tertiary health care systems effectively and efficiently.
- To provide and organize primary and preventive care for individuals, families and designated population groups.
- To teach and learn effectively from colleagues, patients, families and community.
- To apply the principles and practice of health service planning, organization, administration and evaluation.
- To conceptualize, plan, implement and evaluate research programs in the area of family and community medicine.

TRAINING CENTERS

Hospitals

- Sultan Qaboos University Hospital (SQUH)
- Royal Hospital (RH)
- Khoula Hospital (KH)
- Al Nahda Hospital
- Ibn Sina Hospital
- Armed Forces Hospital (AFH)
- Muaskar Al Murtafa

Health Centers

- Wadi Kabir Health Center
- Wataya Health Center
- Ansab Health Center
- Mawaleh Health Center
- Maabela Health Center
- Ruwi Health Center
- Al Khuwair Health Center
- Al Athaiba Health Center
- Seeb Health Center
- South Maabela Health Center
- Al Khoudh Health Center
- Al Shadi Health Center
- Muscat Health Center
- Widam Medical Center
- Al Ghubra Health Center
- Al Hail Health Center
- Muttrah Health Center
-

CONTACT COORDINATOR

Ms. Myra Sinibalo

Office No: 24499252 ext. 108

Fax: 24496802

E-mail Address: famco@omsb.org

GENERAL SURGERY PROGRAM

MISSION

Dedicated to developing a structured general surgery residency training programme which provides opportunities for trainees to acquire in-depth knowledge, high standard of skills and attitudes essential for a general surgeon.

Our goal is to produce at the end of the training an accredited, competent, independent general surgeon.

VISION

We will strive to achieve excellence in surgical training and education and our programme will be recognized as one of the leading surgical training programmes in the region.

OBJECTIVES

At the end of the training, trainees will be able to:

- Assess and manage patients presenting or referred to surgeons.
- Determine treatment options and treat patients.
- Contribute to the continuity of patient care.
- Plan for patient transfer and discharge
- Communicate with patients, their family members, surgical team, healthcare professionals and specialist units.

PARTICIPATING TRAINING CENTERS

- Sultan Qaboos University Hospital (SQUH)
- Royal Hospitals
- Khoula Hospitals
- Sohar Hospital

CONTACT COORDINATOR

Ms. Ghie Benolo

Office No: 24499252 ext. 115

Fax: 24496802

E-mail address: surgery@omsb.org

HEMATOLOGY PROGRAM

VISION

The hematology training program will develop and strive to produce well qualified specialists who will provide the highest quality hematological services to the country.

MISSION

The subspecialty of hematology is organized to provide training experience at a sufficient level for the trainee to acquire the competency of a specialist to pass the certification examinations and work effectively.

OBJECTIVES

The general objectives of the Oman Hematopathology fellowship program are to graduate a competent hematopathologist who will:

- Acquire knowledge and skills in the diagnosis and interpretation of hematological laboratory investigations.
- Be able to diagnose and manage common hematological disorders.
- Acquire skills required for teaching and research.
- Work as a team person liaising with the clinical and laboratory staff.
- Acquire sound management skills

TRAINING CENTERS

- Sultan Qaboos University Hospital.
- The Royal Hospital.
- Central Blood Bank, Ministry of Health

CONTACT COORDINATOR

Ms. Xyllene

Office No: 24499252 ext. 123

Fax: 24496802

E-mail Address: hematology@omsb.org

HISTOPATHOLOGY PROGRAM

MISSION

Residency programme in Histopathology intends primarily to prepare Omani Medical graduates to become medical experts in the field of Histopathology and Cytopathology, dedicated to patient care.

The training will be designed in such a way that the residents will also be good communicators, collaborators with problem solving skills and laboratory managers well versed in total quality management of clinical laboratories.

At the end of the programme, Sultanate of Oman will have specialists committed to scholarly practice of Pathology observing medical ethics and dedicated to lifelong learning and development of the country's health care.

OBJECTIVES

At the end of the programme, the resident should be competent to undertake responsibilities in Histopathology Laboratory Services with regard to the following:

- Develop knowledge and skills in diagnostic histo-cytopathology to:
 - Identify and differentiate visual clues to independently report on routine histopathology samples including frozen sections and on cytopathology samples.
 - Be able to choose, limit and interpret further tests such as histochemistry, immuno-histochemistry, electron microscopy, cytogenetics, etc. to the right sample.
 - Offer expert opinion or guidance on patient management to clinician through multi-disciplinary meetings.
 - Offer guidance regarding choice of and limitations of biopsy material.
 - Perform autopsies, identify gross and microscopic abnormalities, interpret them to find cause of death.
 - Be able to take photographs including photomicrography.
 - Know self limitations and when to seek second opinion for safe medical practice.

- Develop sufficient knowledge in laboratory procedures to:
 - Have thorough knowledge regarding basic laboratory procedures, special techniques including histo- and immuno-histochemical stains and immunofluorescent techniques.
 - Be able to troubleshoot problems in accession, staining/artifact etc to ensure high quality material for interpretation and reporting.

- Develop skills and attitude to be a good communicator to:
 - Maintain good interpersonal relationship
 - Be able to work as part of a team
 - Discuss with clinicians on patient care

- Develop teaching skills and skills for research activities to:
 - Teach and conduct practical demonstrations for undergraduate students.
 - Learn to conduct slide seminars among peers and juniors.
 - Be able to conduct short projects under supervision and to write case reports and scientific papers.

- Develop skills in information technology with special emphasis on its application in laboratory and hospital to :
 - Develop basic skills in handling and using Hospital Information System related computer system (HIMS) as well as personal computers for preparing data, charts, presentations by powerpoint, digital photomicrography and storage, internet search etc.
 - Know and understand telepathology.

- Procure basic knowledge on ethical and legal aspects pertaining to clinical practice to:
 - Know the rules and regulations pertaining to the country and its culture.
 - Understand the emotional and practical implications of a diagnosis on a patient.
 - Conduct oneself according to the social norms of the country.

- The ability to be a good laboratory manager to:
 - Manage staff by learning to assess manpower, to write job description and to organize staff pattern.
 - Manage stock/equipments by developing knowledge in indenting materials and equipments, in choosing and calibrating equipments and in preventive maintenance.
 - Maintain health and safety in the laboratory.
 - Supervise quality control activities and audits.

TRAINING CENTERS

- Royal Hospital
- Sultan Qaboos University Hospital
- Khoula Hospital
- Armed Forces Hospital
- Royal Oman Police

CONTACT COORDINATOR

Ms. Xyllene

Office No: 24499252 ext. 123

Fax: 24496802

E-mail Address: histopathology@omsb.org

INTERNAL MEDICINE PROGRAM

MISSION:

The overall aim of the training is to facilitate the development of a physician able to function as an independent consultant in general internal medicine.

At the completion of 4 years training period in General Internal Medicine (GIM) the resident will have demonstrated their competence in the all the above listed abilities to the satisfaction of their supervising consultants and/or educational supervisor.

OBJECTIVES:

The residents should be able to demonstrate the following objectives:

- Their willingness to manage and care for patients irrespective of the nature of the patients' problems.
- Their breadth of clinical experience and competence in the management of the full spectrum of acute unselected medical emergencies.
- Their skills of diagnostic reasoning in the management of patients with complex problems, non-specific symptoms, atypical presentations and multi-system disorder.
- Their ability to demonstrate the knowledge, skills and attitudes contained in the following syllabus section of this document.
- Their ability to perform the specialized list of practical procedures in this document.
- Their willingness to participate in the work of multidisciplinary team

In view of the breadth of experience required to manage acute unselected medical emergencies, residents will be trained in common diseases in the following systems or sub-specialties i.e. cardiology, respiratory medicine; gastroenterology and Hepatology; infectious diseases; endocrinology; neurology; rheumatology; medical oncology; renal medicine and intensive care.

The training programme will enable new G(I)M residents to:

- Consolidate and develop their clinical skills, particularly with respect to acute medicine, enabling them to reliably identify and manage sick patients in whatever setting they present.
- Embed modern professional attitudes and behaviors in every aspect of clinical practice.
- Demonstrate the acquisition of competence in these areas through a reliable and robust system of assessment.
- Explore a range of career opportunities in different settings and areas of medicine.

OUTCOMES

On completing year 1, a resident will be able to recognize and deal successfully with most common or routine clinical and related non-clinical situations.

On completing year 4, a resident will perform consistently well and will have taken increasing responsibility for the care of patients. The doctor will accept professional accountability for patient care, and be ready to start a programme of specialist training.

The key feature of each year of training is to consolidate and build on the competences acquired in the previous year, but also to develop skills and expertise in managing acute illness and to focus on wider issues which impact on the quality of patient care and patient safety. At this stage of his/her career, the resident is being prepared to understand the context in which the patient and clinician meet as well as the service context for the management of chronic disease.

TRAINING HOSPITALS

- Royal Hospital
- Sultan Qaboos University Hospital

- Al-Nahdha Hospital.

CONTACT COORDINATOR

Ms. Marijoy

Office No: 24499252 ext. 147

Fax: 24496802

E-mail Address: medicine@omsb.org

MICROBIOLOGY PROGRAM

AIM OF TRAINING

The aim of training is to provide the Resident with both the theoretical foundation and the practical, technical, clinical and managerial skills necessary for the independent specialist practice of Medical Microbiology in a clinical environment and for the advancement of the subject. The laboratory work and clinical experience must be closely integrated; therefore laboratory associated clinical duties are essential components of the training programme.

OBJECTIVES

Medical microbiology is a branch of medicine concerned with the diagnosis, treatment and prevention of infectious diseases. The profession of medical microbiology consists primarily of four major spheres of activity:

- Scientific and administrative direction of clinical microbiology.
- The establishment and direction of a clinical infection control program.
- Provision of clinical consultation on the investigation, diagnosis and treatment of patients suffering from infectious diseases.
- Public health and communicable disease epidemiology and prevention.

Microbiology training should provide residents with knowledge which is up to date. Microbiology residents shall be prepared to conduct their practices in an ethical, cost effective manner. Emphasis is placed on effective communication in partnership with laboratory technologists, physicians and other health care providers, patients, and the community.

Residents must demonstrate the knowledge, skills, and attitudes relating to gender, culture, and ethnicity pertinent to medical microbiology.

In addition to these primary activities, medical microbiologists are often responsible for teaching of undergraduate and postgraduate medical students, students in other health disciplines, postgraduate science students and other residents. They also provide continuing education to medical and other health care professionals.

At the end of training, the Resident should have achieved competence in all the objectives specified in Medical Microbiology training record and as part of the assessment process should also have passed part 1 and 2 of the MRCPPath and /or OMSB specialist examination and attained a series of successful Record of In-Training Assessment.

TRAINING CENTERS

- Sultan Qaboos University Hospital
- Royal Hospital

CONTACT COORDINATOR

Ms. Rose Mary

Office No: 24499252 ext. 107

Fax: 24496802

E-mail Address: microbiology@omsb.org

OBSTETRICS & GYNAECOLOGY PROGRAM

MISSION

This is a five year program of structured training in Obstetrics and Gynecology. It aims to train and graduate competent, safe, skilled and knowledgeable specialists. At its completion, the trainee is expected to be a competent specialist capable of functioning independently in Obstetrics and Gynecology comparable to International Standards.

OBJECTIVES

Consultancy competence

At the completion of training, the resident must have the necessary knowledge, skills and attitudes for independent management of a wide range of obstetrical and gynecological conditions. She/He must have the ability to develop a trusting and effective partnership with female patients necessary to achieve successful outcomes in normal and complicated pregnancies, as well as in gynecological health and illness throughout a woman's life.

Communication

The resident must achieve a high level of competence in communicating with patients and relatives, reflecting an understanding of their psychosocial and cultural context. She/He must also develop effective oral and written communication skills with other members of the health care team.

Health economics

The resident must have a working knowledge of the economic aspects of health care. She/He will understand that interventions should be limited to situations where benefit can be reasonably expected, based on best available evidence. The resident must have the ability to assess the efficacy, costs, risks, benefits and reliability of diagnostic, investigative and therapeutic interventions.

Teaching

The resident must assume responsibility for teaching patients, colleagues, including medical students and health professionals

Behaviors / Values

The resident will learn to demonstrate ethical, empathetic and professional behavior showing an awareness of personal limitations and seeking consultation appropriately. She/He must demonstrate leadership qualities and the ability to co-operate with other members of the health care team.

Critical appraisal

The resident must acquire knowledge of basic biostatistical and epidemiological principles necessary for critical evaluation of the medical literature especially the aspects of causation, prevention, diagnosis, prognosis and therapy.

Research

The resident must understand the strengths and limitations of various research designs, and will during residency training, design and present the results of at least one study which addresses an issue of relevance to the specialty.

Medical imaging

The resident must have the working knowledge necessary for appropriate and effective utilization of medical imaging in obstetrics and gynecology. She/He also must have extensive knowledge of the appropriate use and interpretation of Ultrasound, CT and MRI in obstetrics and gynecology.

Quality improvement

The resident should appreciate the value and application of various approaches to Quality Improvement, and have participated in a medical audit process or served on a Quality Assurance Committee.

Ethics

The resident must have knowledge of the fundamental principles of ethics and their application to issues in obstetrics and gynecology, particularly as they relate to informed consent, substitute decision making and confidentiality.

Record Keeping

Learn the importance of adequate record-keeping as a tool in diagnosing medical problems, managing treatments and assessing quality of care.

TRAINING CENTERS

- Sultan Qaboos University Hospital
- Royal Hospital

CONTACT COORDINATOR

Ms. Rose Mary

Office No: 24499252 ext. 107

Fax: 24496802

E-mail Address: obgyn@omsb.org

OPHTHALMOLOGY PROGRAM

VISION

To provide a confident, well-trained ophthalmologists who are capable of handling clinical and surgical ophthalmic emergencies. In addition, to provide an excellent art of surgical skills to fight blindness and to provide vision and well-being of the patient. He/she will be able to conduct independent research and teachings. This program will be able to acquire subtle diagnostic and management skills not available from lectures or textbooks. Graduates will have the lifelong privilege of a subspecialty expertise.

MISSION

The training program in Ophthalmology is intended to produce competent general Ophthalmologists that;

- 1.1 Have excellent medical ethics, values and attitude.
- 1.2 Have an excellent knowledge both in general ophthalmology as well as in subspecialties.
- 1.3 Are excellent in clinical and surgical skills.
- 1.4 Have the capability of conducting research activities.
- 1.5 Have skills of becoming a better teacher and leader in his/her community.

OBJECTIVE

The training program in Ophthalmology will aim to incorporate the six general competencies for residents as endorsed by the ACGME (Accreditation Council for Graduate Medical Education) considered relevant to the practice of Ophthalmology in Oman;

- 1.1 Patient care
- 1.2 Medical knowledge
- 1.3 Practice-based learning and improvement
- 1.4 Interpersonal and communication skills
- 1.5 Professionalism
- 1.6 System based practice

TRAINING CENTERS

- Sultan Qaboos University Hospital
- Al-Nahdha Hospital
- Sultan Qaboos Hospital Salalah
- Armed Forces Hospital

CONTACT COORDINATOR

Ms. Suzette

Office No: 24499252 ext. 117

Fax: 24496802

E-mail Address: ophthalmology@omsb.org

PSYCHIATRY PROGRAM

MISSION:

The program is designed to produce specialists in General Psychiatry with adequate knowledge and competency of the subspecialties including child and adolescent psychiatry, substance misuse, geriatric psychiatry, forensic psychiatry etc., who will be the future consultants in psychiatry.

OBJECTIVES

- To produce highly skilled, competent and ethical psychiatrists, to deal with most of the psychiatric problems and to have the right attitude to deal with patients and their families.
- To promote research orientation and environment for academic research.

TRAINING CENTERS

- Sultan Qaboos University Hospital
- Ibn Sina Hospital

CONTACT COORDINATOR

Ms. Cherry

Office No: 24499252 ext. 109

Fax: 24496802

E-mail Address: psychiatry@omsb.org

RADIOLOGY PROGRAM

MISSION

The OMSB Diagnostic Radiology Residency Program is committed to the integration of high academic and professional competency standards in a comprehensive curriculum of excellence. The program provides resident education in the Radiology Academic Core Curriculum and enhanced professional development through the General Competencies for residents.

VISION

Our goal is to educate the next generation of medical leaders in imaging science and its applications and to graduate well-qualified internationally recognized Radiologists who will provide patient care as effective members of the health-care team with strong radiology interpretive skills, knowledge of appropriate diagnostic radiology tools and cost effective resource utilization. They will be able to provide excellent consultative services to referring physicians and other practitioners in support of quality patient care, demonstrate a high degree of professionalism and ethics, show a commitment to continuous education and demonstrate an awareness of the role of service to the profession and their community. We strive to be the best Radiology Residency Training Program in the region and to achieve excellence in training residents as per international standards.

MODALITIES OF RADIOLOGY TRAINING PROGRAMME

All modalities are available including plain film, cross sectional imaging (CT, MRI, Ultrasound), Nuclear Medicine, Mammography and Interventional Radiology. Modality utilization is progressively integrated on clinical rotations through the four academic years. Clinical experience is supported with a formal didactic lecture series, seminars and conferences from September through May. Physics of Radiology lectures are conducted from September through February of R1. Participation in interdepartmental conferences and medical student teaching are expected of all residents.

LEARNING OBJECTIVES:

1. A thorough understanding of the indications for examinations and familiarity with the principles and limitations of studies, including benefit and risk to the patient.
2. A familiarity with the anatomy, physiology, pathophysiology and posttherapeutic findings which may be identified through general radiology examination.
3. An understanding of technology and techniques of radiology.
4. Learning skills needed for effective physician consultation and communications.
5. Criteria for radiographic exposure and positioning and effective communication with radiologic technologists and other department personnel.
6. Fluoroscopic techniques and its uses.
7. Workup pathways with attention to quality outcomes for patient care and cost effective resource utilization.
8. Professional communication with patients for both information gathering and for diminishing the burden of disease.
9. Indications and contraindications of contrast studies, as well as the performance of these studies, risks and benefits for the patient and alternatives.
10. A wide spectrum of pathology will be covered in the academic curriculum
11. The program provides residents with experience and education in the following subspecialty areas of diagnostic radiology:
 - Emergency Radiology
 - Uroradiology
 - Ultrasound
 - Computed Axial Tomography
 - Chest Radiology (including cardiac imaging)
 - Gastrointestinal Radiology
 - Musculoskeletal Radiology
 - Pediatric Radiology

- Neuroradiology (including neuroangiography, neuro CT, and neuro MRI)
- Mammography
- Magnetic Resonance Imaging
- Cardiovascular and Interventional Radiology
- Nuclear Medicine (including PET/CT)
- Radiology Research
- PACS, Voice Recognition, and basic information systems utilization

TRAINING CENTERS

- Sultan Qaboos University Hospital
- Royal Hospital
- Khoula Hospital
- Armed Forces Hospital
- Royal Oman Police Hospital

CONTACT COORDINATOR

Ms. Myra Sinabilo

Office No: 24499252 ext. 110

Fax: 24496802

E-mail Address: radiology@omsb.org

CORE PROGRAM

Functions

1. Follow-up the preparation of the core program on periodical basis.
2. Develop the core programs as per the requirements of each approved scientific program.
3. Ensure the achievement of the program objectives through the adoption of the following modules:

First Module: Ethics and Professionalism in Medicine:

- Know the basic facts underlying common ethical dilemmas
- Recognize the ethical dimension present in all medical interactions and specifically to recognize ethical conflicts
- Carry out professional responsibilities and adhere to ethical principles

Second Module: Health Informatics:

- Define Health Informatics and e-Health.
- Utilize various Health Informatics Databases.
- Understand the usage of different types of Health Informatics tools.
- Understand the usage and the advancement of Telehealth/Telemedicine.
- Understand Clinical Decision Support System and strategies for medical knowledge acquisition.

Third Module: Medical Errors and Omani Medico-Legal System:

- Define what medical error is and identify its scale in Oman.
- Discuss types of errors that can occur and the settings that tend to occur in.
- Understand the difference between the “Person approach” and the “Systems approach” in approaching the causes of errors and developing preventative strategies.
- Identify and implement practices to reduce medical errors, especially medication errors.
- Explain what is meant by “root cause analysis” and identify the key steps in conducting that analysis.

- Explain the legal system in Oman that addresses issues of medical error and patient safety.
- Discuss how medical staff can protect themselves and minimize litigation problems.

Fourth Module: Palliative Care and Pain Management:

- Define concepts of palliative care and its role in health services delivery.
- Discuss management of pain control and palliative care.
- Integrate palliative care as a continuum of care (e.g., making transition from acute care to palliative care).
- Utilize clinical and evidence-based research in providing palliative care.

Fifth Module: Communication Skills:

- Understand the principles of effective communication.
- Apply learned communication skills in more challenging clinical scenarios and with a broad range of patients.
- Develop emphatic listening skills and interpersonal communication including written communication.
- Understand the social, political and cultural aspects of medicine and its impacts on the doctor-patient relationship.

Sixth Module: Evidence Based Medicine:

- Define Evidence-Based Medicine (EBM).
- Identify the parts of a well-built clinical question and utilize it for patient care.
- Identify EBM searching strategies that could improve MEDLINE retrieval.
- Identify key issues that help determine the validity of the results of a study.
- Improve the quality of the health care provided to the patients by basing clinical decisions on best evidence provided from literature.

Seventh Module: Medical Research:

- Define and know the various methods of research in Medicine.
- Learn the principles of planning and conducting a Medical research.
- Know the basic Ethical issues in Medical research.
- Understand essential statistical methods used in Medical research.
- Learn the principles of writing a paper for publication.

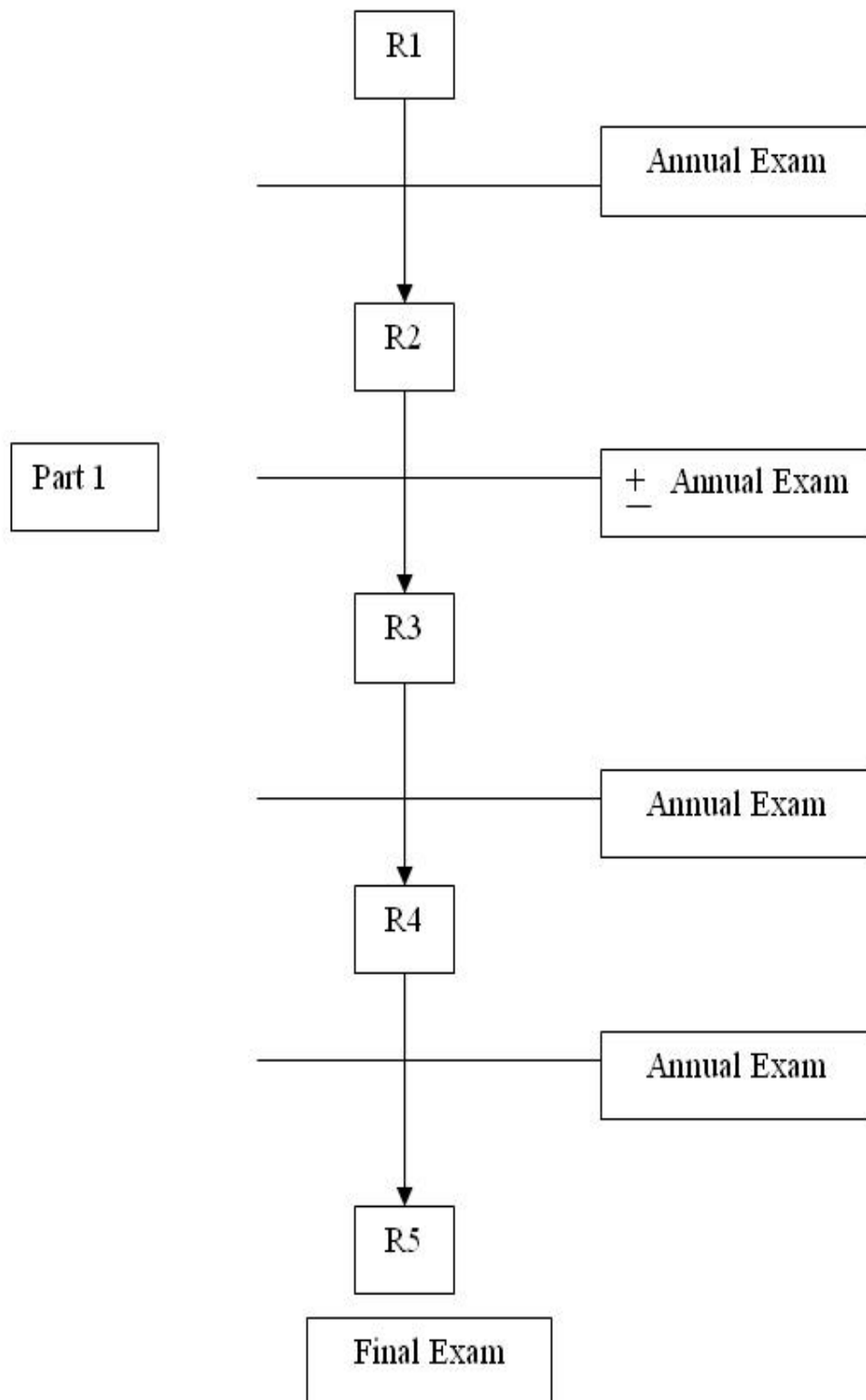
Eighth Module: Occupational Safety and Health:

- Assure the safety and health of all residents in training by setting and enforcing standards.
- Provide training, outreach, and education.
- Establish partnerships and encourage continual improvement in workplace safety and health.

EVALUATION, ACADEMIC PROMOTION & COMPLETION OF TRAINING

- The trainee will be evaluated by his/her consultant monthly using the approved evaluation form. These forms shall be sent to the Program Director. Reports about Residents should be submitted to the Specific Scientific Committee every two months and then sent to the trainee department files.
- The trainee must complete at least 3/4 of the training period rotation for it to be considered valid.
- The trainee must spend equal training periods in different training centers.
- The Program Director should prepare a report every six months and at the end of the academic year using the specific evaluation form showing the progress of the trainee. This represents a summary of the trainee's performance of the two durations and the trainee has to sign it. The evaluation is then submitted to the Scientific Committee for approval and the final report is submitted to the OMSB and the Resident's Sponsor.
- The Scientific Committees shall conduct annual examinations for the evaluation of trainees. The results of these examinations shall be part of the trainees' evaluation process for the annual promotion purposes.
- A trainee's promotion from one level to the next (e.g. from a first year to a second year of internship) is based on the average of the periodical assessment reports (three of four at least) which represents 50%, and the final examination of the year for training programs which represents 50%. However, a trainee must have a general average of no less than 60% and the average of the two parts of the assessment is no less than 60% of each part separately.
- Completion of training shall be based on: a) the ability and performance of the trainee in the previous years as assessed by his/her periodical evaluation reports. b) The result of the final training year examination, and the completion of the log book in the health specialties if applicable. The Scientific Committees shall submit recommendation for completion of training to be approved by the Executive Board.

Academic Promotion Stages:



Evaluation Forms:

Oman Medical Specialty Board



المجلس العماني للإختصاصات الطبية

RESIDENT MONTHLY EVALUATION FORM

Name: OMSB #: Program:

Resident Level: R I R II R III R IV R V Training Center:

Date of Rotation: From / / 20 To / / 20 Block: Rotation:

Criteria	Unsatisfactory 1	Borderline 2	Meets Expectations 3	Above Average 4	Outstanding 5	N/A
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I. MEDICAL KNOWLEDGE

1- Basic Theoretical knowledge						
2- Clinical knowledge						

II. PATIENT CARE AND TECHNICAL SKILLS

3- History and physical examination.						
4- Data interpretation and synthesis of differential diagnosis.						
5- Decision making and management plan.						
6- Organization of work and time management.						
7- Verbal and written communication.						
8- Provides comprehensive care.						
9- Ability to manage emergency conditions.						
10- Consultation skills.						
11- Technical skills and procedures						

III. PROFESSIONAL ATTRIBUTES

12- Punctuality.						
13- Works effectively in a team environment						
14- Reports facts accurately, including own errors						
15- Attitude to patient and staff.						
16- Ability to supervise.						
17- Recognizes own limitations						
18- Maintains code of ethics, honesty & patient confidentiality.						

IV. SCHOLARLY ATTRIBUTES

19- Attends and contributes to rounds, seminars and other learning events						
20- Accepts and acts on constructive feedback						
21- Teaching skills (Peers)						
22- Ability for self directed learning						

Overall Assessment						
Comments: <i>Strengths:</i> <i>Areas for Improvement:</i>						

This evaluation has been reviewed with the resident yes No

Name of Supervising Consultant/Trainer: Signature: Date:

Name of Resident: Signature: Date:

RADIOLOGY & LAB MEDICINE RESIDENT MONTHLY EVALUATION FORM

Name: OMSB #: Program:

Resident Level: R I R II R III R IV R V Training Center:

Date of Rotation: From / / 20 To / / 20 Block: Rotation:

Criteria	Unsatisfactory 1	Borderline 2	Meets Expectations 3	Very Good 4	Outstanding 5	N/A
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I. MEDICAL KNOWLEDGE

1-	Basic Theoretical Knowledge					
2-	Clinical Knowledge					
3-	Data interpretation and synthesis of findings					

II. PROCEDURES AND TECHNICAL SKILLS

4-	Instrumentation					
5-	Quality Assurance					
6-	Management Skills					
7-	Procedures and Protocols					
8-	Technical Skills					

III. PROFESSIONAL ATTRIBUTES

9-	Reporting Skills					
10-	Maintains Code of Ethics and Honesty					
11-	Responsibility and self discipline					
12-	Motivation to learn and keen self learner					
13-	Punctuality					
14-	Attendance					
15-	Accepts and acts on feedback					
16-	Academic activity attendance					
17-	Communications with health professionals					
18-	Communications with patients					

IV. SCHOLARLY ATTRIBUTES

19-	Seminar/Case presentation					
20-	Teaching Skills					
21-	Participation in research/publication					
22-	Contributes to rounds, seminars, and other teaching activities					

Overall Assessment						
Comments: <i>Strengths:</i> <i>Areas for Improvement:</i>						

This evaluation has been reviewed with the resident Yes No

Name of Supervising Consultant/Trainer: Signature: Date:

Name of Resident: Signature: Date:

ELECTRONIC EVALUATION FORMS

OMSB has Electronic Evaluation Process in order to help trainees & trainers to communicate effectively. Electronic forms for evaluations are available online to be filled through the OMSB website www.omsb.org.

Example of the Electronic Forms:

Oman Medical Specialty
Board



المجلس العماني للإختصاصات الطبية

MONTHLY ROTATION EVALUATION

OMSB No Block level
 Name: From: Training center:
 Program To: Rotation

CRITERIA	SCORE
1. The number of in-patients cases seen was appropriate.	<input type="text"/>
2. Inpatients cases demonstrated a broad range of clinical problems.	<input type="text"/>
3. The number of out-patients cases seen was appropriate.	<input type="text"/>
4. Outpatient cases demonstrated a broad range of clinical problems.	<input type="text"/>
5. The opportunity to see acute emergency cases	<input type="text"/>
6. The opportunity to see consultations.	<input type="text"/>
7. Ward rounds.	<input type="text"/>
8. Clinical Meetings / Lectures.	<input type="text"/>
9. Journal Club	<input type="text"/>
10. Audit (e.g. Morbidity / Mortality)	<input type="text"/>
11. Clear learning objectives.	<input type="text"/>
12. The number of procedures adequate.	<input type="text"/>
13. Demonstration & Supervision of techniques.	<input type="text"/>
14. Level of responsibility in patient care.	<input type="text"/>
15. Patient management.	<input type="text"/>
16. Quality / quantity of teaching on rotation.	<input type="text"/>
17. My total workload was appropriate for the time available.	<input type="text"/>
18. Adequate feedback from consultant / staff on performance.	<input type="text"/>
19. Support and supervision was available and adequate.	<input type="text"/>
20. Opportunity to do research.	<input type="text"/>
Overall quality of rotation	<input type="text"/> <input type="button" value="Average"/>

Strength

Areas For improvement:

Date:

OMSB WEBSITE

Introduction

The World Wide Web provides and facilitates ease of communication; hence, the Oman Medical Specialty Board has launched its website www.omsb.org. This provides easy links to all the functions of the board. It also serves as a database for all doctors and explains all the training programs offered by the OMSB. Moreover, the website includes information about the organizational structure of the OMSB, Continuing Professional Education, Accreditation, Examinations and Certification.

Electronic services for trainees & trainers are also part of the website. Electronic forms for applications, registrations and evaluations are available online to be filled through the OMSB website. In addition, OMSB provides Electronic Medical Library through its website such as Up-To-Date, MD Consult, Springer, BMJ Learning, On Examination, New England Journal of Medicine, LWW Medical Book Collection and Wiley Cochrane Library which can accessed through OMSB website. The website also includes news and events to keep Residents & Faculty up to date in Arabic & English.

Website Address

www.omsb.org

OMSB WEBSITE
OMAN MEDICAL SPECIALTY BOARD
Oman's Standard of Excellence for Quality Postgraduate Medical Education and Training

HOME ABOUT OMSB BYLAWS ACCREDITATION LINKS CONTACT US

Welcome to OMSB
Oman Medical Specialty Board

UserName: Password: Login Register Forgot Your Password?

LATEST NEWS

- Histopathology Evaluation**
The Oman Medical Specialty Board Histopathology Scientific Committee received from 8 - 12 May 2009, Dr. Jane Dahlstrom - Senior Staff Specialist in Anatomical Pathology, Canberra Hospital, and Professor in Australian National University Medical School, Australia. [Read More...](#)
- MRCGP (INT) OMAN EXAMINATION**
OMSB congratulates OMSB FAMCO residents who successfully passed the MRCGP (INT) Oman Examination held on the 7th and 8th of March 2009. OMSB is pleased with the high performance of the physicians as it shows their concern and hard work. Following are the names of the physicians who have passed. [Read More...](#)
- ACCEPTED APPLICANTS FOR ACADEMIC YEAR 2009-2010**
OMSB is pleased to announce the names of the accepted applicants who have passed the interviews for the different OMSB residency training programs for the academic year 2009/2010. [Read More...](#)
- Faculty Development Workshop (25th - 28th April 2009)**
OMSB hold a Faculty Development Workshop conducted by Dr. Danielle Blouin Faculty Development Director from Queen's University, Canada. It was held in Child Health Department, Blue 1, Seminar Room, at Sultan Qaboos University Hospital. The same workshop repeated for 4 days from 25 - 28 April 2009, from 08:30am - 03:30pm. [Read More...](#)

TRAINING PROGRAMS

- Anesthesia Biochemistry
- Child Health Dermatology
- Hematology Ear, Nose & Throat
- FAMCO Emergency Medicine
- Histopathology Internal Medicine
- Microbiology Obstetrics & Gynecology
- Psychiatry Radiology
- Surgery

EXAMINATIONS

- Schedules Results
- Intraining Exam Part 1
- Annual Exam Exit Examination
- Exam Application Form

EDUCATION

- Lectures Core Program
- Courses Workshops
- Conferences

ACADEMIC CALENDAR

May 2009

<	Mon	Tue	Wed	Thu	Fri	Sat	>
25	27	28	29	30	1	2	
3	4	5	6	7	8	9	
10	11	12	13	14	15	16	
17	18	19	20	21	22	23	
24	25	26	27	28	29	30	
31							

E-EVALUATION

- Online Resident Evaluation
- Online Rad + Lab Resident Evaluation
- Online Rotation Evaluation
- Online Consultant Evaluation
- Resident Electronic Database

E-LIBRARY

- UpToDate
- MD CONSULT
- Springer
- BMJ Learning
- The New England Journal of Medicine
- Wiley Cochrane Library
- OnExamination
- LWW Medical Book Collection

ONLINE FORMS

- Application Form
- Rotation Evaluation Form
- Leave Form
- Return From Leave
- Registration Form
- Training Contract Form
- Request Withdrawal Form
- Specialty Transfer Form

OMSB HANDBOOKS

- Trainers Manual
- CPD Handbook
- Accreditation Guidelines
- Resident Information Handbook

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OMAN MEDICAL JOURNAL

Introduction

Oman Medical Journal is published quarterly and is distributed free to all Medical doctors and allied health professionals in various institutions locally and internationally. It intends to engage and inform doctors, researchers and other health professionals by publishing a wide range of peer-reviewed articles in various medical disciplines. It is indexed by Index Medicus for the Eastern Mediterranean Region. The Editorial Board invites any contribution from all who are involved in health care.

Editorial Board Members

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Dr. Ibrahim Al-Zakwani

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Website:

www.omjournal.org

Address:

Editor-in-Chief
Oman Medical Journal
Oman Medical Specialty Board
P.O Box: 1948, Postal Code: 130
Al Athaiba, Muscat - Sultanate of Oman

E-mail address: omj@omsb.org

Phone : (968) 2449-9252 Ext. 106 or 118

Fax : (968) 2449-5478

The screenshot shows the homepage of the Oman Medical Journal. At the top, there is a search bar and the journal's title in Arabic and English. Below the title is a navigation menu with links for Home, Subscribe, Supplements, Advertise, Feedback, and Contact Us. The main content area is divided into several sections: a list of article types (Editorial, Review Articles, Original Articles, Case Reports, Brief Communications, Letters to the Editor, Clinical Quiz, News & Events), a section for 'Issue's Highlights' featuring an editorial and a review article, and a section for 'Original Articles' with a list of recent publications. On the left side, there is a sidebar with a 'Submit a Manuscript' button and a list of links including 'About Oman Medical Journal', 'Editorial Board', 'Instructions To Authors', 'Instructions To Reviewers', 'Archives', 'Discussion Forum', and 'Medical Meetings'. At the bottom left, there is a large 'Upload Your Manuscript' button. The right side of the page features an 'Archives' section with a list of past issues.

OMSB SIMULATION CENTRE

OMSB will establish a Simulation Centre for the trainees that aim to achieve excellence in medical education, research and patient's care. The centre will combine training techniques from high-risk specialties in Emergency Medicine, Critical Care and Surgical Specialties with the latest medical simulation technologies. It will be fully integrated into the residency training programs of Oman Medical Specialty Board to enhance the practical aspects of the training. It will also provides next generation doctors and other health allied professionals hands-on-training procedures in difficult and potentially dangerous conditions without risk to patients.

The Simulation Center incorporates five types of simulation including standardized patients, human patient simulation, virtual reality, partial task trainers, and computerized simulation.



Below is the list of courses that will be taught in the medical simulation centre. Currently only 4 out these 15 courses are taught in Oman:

Courses	
1.	First Aid
2.	Basic Life Support Course (BLS
3.	Advance Cardiac Life Support (ACLS)
4.	Advanced Trauma Life Support (ATLS)
5.	Pediatric Advanced Life Support Course (PALS)
6.	Airway Course
7.	Difficult Airway Course
8.	Ultrasound Course
9.	Focused Abdominal Ultrasonography For Trauma (FAST)
10.	Surgical Laparoscopic Workshop
11.	Wound Suturing Workshop
12.	Advanced Life Support For Obstetric (ALSO)
13.	Neonatal Resuscitation Program (NPR)
14.	Disaster Management Program (MIMMS)
15.	Hospital Advanced Disaster Administration And Management Support Course.(ADAM)

MEMBERS OF OMSB SCIENTIFIC COMMITTEES

1. Anesthesia

Name	Position	Post & Hospital	Tel no.	E-mail
Dr. Maher Al-Bahrani	Chairman	Sr. Consultant, Royal Hospital	24599809 24599804	albah001@hotmail.com
Dr. Sadanandan Prakash	P.D	Sr. Consultant, Royal Hospital	24599773	dr.prakash@hotmail.com
Dr. Rajini Kausalya	Assist. P.D	Senior Registrar, SQUH	24144728 24141728	rajinikausalya@yahoo.com
Dr. Madan Mohan Maddali	Assist. P.D	Sr. Consultant, Royal Hospital	24499759	madan@omantel.net.om
Dr. Mohammed Rashid	Assist. P.D	AL-Nahdha Hospital	24833296	mrashid86@gmail.com
Dr. Amarnath Shetty	Member	Consultant, SQUH	24144729	shettyamarnath@yahoo.com
Dr. Mamie Zachariah	Member	Sr. Consultant, Royal Hospital	24599804	mamiezac@gmail.com
Dr. Juhi Chandwani	Member	Specialist, ICU, Royal Hospital	24599804 24599773	drjuhi@yahoo.com
Dr. Sinna Kirouchenan	Member	Senior Registrar, SQUH	24413778 24144733	sinnak@squ.edu.om
Dr. Karin Nollain	Member	Sr. Consultant SQUH	24144027	karin@squ.edu.om
Dr. Shobha Lad	Assist. P.D	Khoula Hospital	24560455 / 1516	ladsd@omantel.net.om
Dr. Moosa Mansoor Awladthani	Assist. P.D	Sr. Specialist , AFH	24331900; 24331902	m_awladthani@hotmail.com abumusaabm@yahoo.com

2. Biochemistry

Name	Position	Post & Hospital	Tel no.	E-mail
Prof. Riad Bayoumi	Chairman	HoD, Biochemistry, SQU	24141113	Bayoumi@squ.edu.om
Dr. Maha Al-Amri	Program Director	In charge of Clinical Biochemistry, Khoula Hospital	24565758 24560455 (Ext. 1771)	nauf3@hotmail.com
Dr. Waad Mula Abed	Assistant Program Director	Sr. Specialist, Royal Hospital	24599735	drsharef@hotmail.com
Dr. Jumana Saleh	Member	Asst. Prof., Biochemistry, SQU	24143534	jumana@squ.edu.om
Dr. Nadia Al-Wardy	Member	Asst. Prof., Biochemistry, SQUH	24141116	naiwardi@squ.edu.om
Dr. David Nkansa Dwamena	Member	SQUH	24144921	dnd@squ.edu.om
Dr. Khalid Al Rassadi	Member	SQUH	24141739	alrassadi@hotmail.com

3. Child Health

Name	Position	Post & Hospital	Tel no.	E-mail
Dr. Yasser Wali	Chairman	Assoc Prof, HoD SQUH	24141137 24141762	yawali@squ.edu.om
Dr. Khoula Al-Said	P.D	Sr. Consultant, Royal Hospital	24599207	drkhoula@hotmail.com
Dr. Salim Al-Maskary	Assist. P.D	Royal Hospital	24599212 24586256	snmm1@yahoo.com
Dr. Amna Al-Futaisi	Assist. P.D	Consultant, SQUH	24141745 24144103	amnaf@squ.edu.om
Dr. Mohammed Al-Hosni	Member	Sr. Consultant & HoD, Royal Hospital	24599803 24599808	alhosni.mohammed@gmail.com
Dr. Hala Al-Sheikh	Member	Sr. Consultant, Royal Hospital	24599107	hal_doc@yahoo.com
Dr. Mujtaba Ali Al-Ajmi	Member	Royal Hospital	24599207	mujtabaalajmi@hotmail.com
Dr. Reem Abdawani	Member	Registrar, SQU	24141764	reemabd@hotmail.com
Dr. Saif Al-Yarubi	Member	Consultant, SQUH	24141745 24144103	hawa34@hotmail.com
Dr. Hussein Al-Kindi	Member	Consultant, SQUH	24141764	huseink30@yahoo.com
Dr. Zakariya Al-Adawi	Member	AFH	24331724	zakaladawi@yahoo.com
Dr. Surendranath Joshi	Member	Sr. Consultant, SQUH	24141745- 24144103	snjoshi@hotmail.com
Dr. Mohammed Al Ghafri	Member	Royal Hospital		mhghafri@hotmail.com
Dr. Salim Tamemi	Member	Consultant, SQUH	24144104 24144105	tamemi@squ.edu.om

4. Dermatology

Name	Position	Post & Hospital	Tel no.	E-mail
Dr. D. D. Banodkar	Chairman	Al-Nahdha Hospital	24698926	dicky@omantel.net.om
Dr. Abla Al-Ismaily	P.D	Sr. Consultant, Al-Nahdha Hospital	24541729	ablahmed@yahoo.com
Dr. Fatma Al-Balushi	Assist. P.D	Sr. Specialist, Al-Nahdha Hospital	24537323 24537855	drfatmabalushi@yahoo.com
Dr. Ahmed Al-Waily	Assist. P.D	Sr. Specialist, SQUH	2441-3325	ahmedalwaily@hotmail.com
Dr. Ilham Mustafa	Member	Sr. Specialist, Al-Nahdha Hospital	24413325 24566606	dr_ilham2004@yahoo.com
Dr. Mohammed Mustafa	Member	Sr. Consultant, Al-Nahdha Hospital	2483-3998 24600270	aln-derm-dyhd@moh.com
Dr. Abdullah Al-Taai	Member	Sr. Specialist, Al-Nahdha Hospital	2483-5746 24489955	faris94@omantel.net.om
Dr. Magida M. Nasib Al-Raisi	Member	Sr. Specialist, Al Nahdha Hospital	24585107	mydr7@omantel.et.om

5. Ear, Nose & Throat (ENT)

Name	Position	Post & Hospital	Tel no.	E-mail
Dr. Mazin Al-Khabori	Chairman	Sr. Consultant & Head of ENT, Al-Nahdha Hospital	24833998	nadiamaz@omantel.net.om
Dr. Rashid Al-Abri	P. D	Sr. Consultant, SQUH	24144666	ralabri@hotmail.com
Dr. Kumar Subirendra	Assist. P.D	Consultant, Al-Nahdha Hospital	24833998	Subir555@omantel.net.om
Dr. Deepa Bhargava	Assist. P.D	Consultant,, SQUH	24413325	deepav@squ.edu.om deepaent@gmail.com
Dr. Masroor Sohail	Member	Sr. Consultant, Al-Nahdha Hospital.	24833998	masohail@omantel.net.om
Dr. Mohammed Hyder	Member	Sr. Consultant, Al-Nahdha Hospital	24833998	hyder@omantel.net.om
Dr. Sunil Golani	Member	Sr. Registrar, AFH	24331728	sugolani@yahoo.com
Dr. Mohammed Al-Okbi	Member	Sr. Registrar, SQUH	24413325	al_okbi@hotmail.com
Dr. Ashok Verma	Member	Sr. Consultant, Al-Nahdha Hospital	24831540	ishokre@omantel.net.om
Dr. Sheikha Al-Mujaini	Member	Sr. Specialist, Audiology Al-Nahdha Hospital	24831409 24831412	azaan22@hotmail.com
Dr. Amar Singh	Member	Sr. Consultant, Al-Nahdha Hospital	24831539	ankit@omantel.net.om
Dr. Khalil Al Macki	Member	Consultant, AFH	24331124	Khalil.almacki@gmail.com

6. Emergency Medicine

Name	Position	Post & Hospital	Tel no.	E-mail
Dr. Nabil Al-Zadjali	Chairman	Consultant, SQUH	24144622 24144623	nabilzadjali@gmail.com
Dr. Houd Al Abri	Acting Chairman	Consultant , Royal Hospital	2459961	houd00@ hotmail.com
Dr. Daniel Ogunjumo	Program Director	Sr.Consultant,SQUH	24144613	Danielogunjumo945@hotmail.com
Dr. Nasser Al-Habsi	Assist. P.D	Consultant, AFH	24331995	nshabsi@yahoo.com
Dr. Khalid Al-Siyabi	Member	ROP Hospital	24561909	5cmoman@gmail.com
Dr. Suleiman Al-Mawali	Member	Sr. Consultant , AFH	24331995	almawali10@hotmail.com
Dr. Hussain Al-Rubaiey	Member	Sr. Specialist, Rustaq Hospital	26875055 26877186	husen180@hotmail.com/ hureal04@yahoo.com
Dr. Idris Al-Farsi	Member	Consultant, Royal Hospital	24599461 ext: 94	idriscf@yahoo.com
Dr. Salma Al Mawali	Member	Consultant,AFH	24331995	almawali10@hotmail.com
Dr. Ammar Kashmiri	Member	Consultant, Khoula Hospital	245604455	alkashmiri@hotmail.com
Dr. Abdullah Al Reesi	Member	Consultant & Acting HoD of A&E Dept. SQUH	241414612	aalreesi@live.com/abdullah@squ.edu.om
Dr. Mahmood Saif Said Al Jufaili	Member	Consultant, Royal Hospital	2459961	docmaj08@gmail.com
Dr. Khalfan Al Amrani	Member	Consultant, SQUH	24144623	amranik1@hotmail.com

7. Family & Community Medicine (FAMCO)

Name	Position	Post & Hospital	Tel no.	E-mail
Dr. Abdulaziz Al-Mahrezi	Chairman	Consultant, SQUH	24141126	aalmahrezi@hotmail.com
Dr. Kamlesh Bhargava	Program Director	Consultant, SQUH	24141158	drkamlesh@gmail.com
Dr. Najlaa Jaafar Mohammed	Assist. P.D	Sr. Specialist, Wadi Kabir HC	24812944	najlaajm@yahoo.com
Dr. Hamdan Al-Habsi	Assist. P.D	Sr.Registrar, SQUH	24143430	habsi@squ.edu.om
Dr. Fatma Al-Ajmi	Member	DHS, Seeb	24450494 24457013	alajmih@hotmail.com
Dr. Zahir Al-Anqoudi	Member	DGHS. Head of NCD Department, Nizwa	24141127	alanqoudi@yahoo.com
Dr. Ahmed S. Al-Wahaibi	Member	Sr. Specialist, Ansab HC	24588088	asalim71@yahoo.com
Dr. Salem Al-Saqri	Member	Sr. Specialist, Al Shadi HC	24455849 24455847	majds@omantel.net.om
Dr. Huda Anwar Khamis	Member	DHS, Muttrah	24797601	hudaalalidr@yahoo.com
Dr. Mohammed Al-Shafae	Member	HoD FAMCO- SQUH	24141128	shafae4@omantel.net.om
Dr. Kawther El-Shafie	Member	Acting Consultant, SQUH	24141129	kawther@squ.edu.om
Dr. Mohammed Al-Azri	Member	Consultant, SQUH	24141126	mhalazri@squ.edu.om
Dr. Anwaar Al-Lawatya	Member	Sr. Specialist, Ruwi HC	24786088	anwaraaj@yahoo.co.uk
Dr. Ahmed H. Al-Wahaibi	Member	Sr. Specialist, Wadi Kabir HC	24812944	ahmedalwahaibi@hotmail.com
Dr. Mustafa Al Hinai	Member	Sr. Specialist, ROP Hospital		mus0031@hotmail.com
Dr. Ghada Al Lawati	Member	Sr. Specialist, Muscat HC		ghwardy@gmail.com

8. General Surgery

Name	Position	Post & Hospital	Tel no.	E-mail
Prof. Chris Grant	Chairman	Head of Department General Surgery , SQUH	24141119	csggrant@squ.edu.om
Dr. Murtadha Al-Qubtan	Program Director	Sr. Consultant, Royal Hospital	24599011	alqubtan@yahoo.com
Dr. Solomon Wilson	Assist. P.D	Sr. Consultant, Royal Hosp	24599806	solwilson@hotmail.com
Dr. Khalifa Al-Wahaibi	Assist. P.D	Consultant, SQUH	92878383	dralwahaibi@hotmail.com
Dr. Basant K Sahoo	Member	Sr. Consultant, Royal Hospital	24503739	basant_sahoo@hotmail.com
Dr. Abdul A'al Hussain Alwan	Member	Consultant, Royal Hospital	24599806	alwan.timimi@yahoo.com
Dr. Mohammed Ali Jaffer	Member	Sr. Consultant, Royal Hospital	24599811	cnslt-jaffer@moh.gov.om
Dr. Nayil Al-Kindy	Member	Sr. Consultant, SQUH	24141120	nayilkindy@hotmail.com
Dr. Norman Machado	Member	Sr.Consultant, SQUH	24413851 24144936	norman@omantel.net.om
Dr. Hilal Al-Sabti	Member	Sr. Consultant, SQUH	24143441	alsabti@hotmail.com
Dr. Hani Al-Qadhi	Member	Consultant, SQUH	24143504	Hani_qadhi@hotmail.com
Dr. Abdullah Al Harthi	Member	Consultant, SQUH	24143504	aalharthy@gmail.com

9. Hematology

Name	Position	Post & Hospital	Tel no.	E-mail
Dr. David Dennison	Chairman	Senior Consultant & Director of BMT Hematology- SQUH	24144946 24413414	ddennison2008@gmail.com
Dr. Muhanna Al-Muslahi	Program Director	Senior Consultant, Hematology, Royal Hospital	24599687	almuslahimnr@hotmail.com
Dr. Naglaa Fawaz	Assist. Program Director	Hematology, SQUH	24144947	gina_sa2002@yahoo.co.uk
Dr. Arundathi K.	Assist. Program Director	Sr. Specialist Hematology, Royal Hospital	24599894	preeni@omantel.net.om
Dr. Salam Al-Kindi	Member	Asst Prof/ Consultant, HoD, Hematology, SQUH	24144947	sskindi@yahoo.com
Dr. Anil Pathare	Member	Sr. Consultant, Hematology, SQUH	24144906	pathare@squ.edu.om
Dr. Yasser Wali	Member	Senior Consultant /Assoc. Prof./HoD Child health - SQUH	24141137	yawali@squ.edu.om
Dr. Zakia AL-Lamki	Member	Assoc. Prof., Child Health, SQUH	24143513	zakia@squ.edu.om
Dr. Mathew Zachariah	Member	Senior Registrar Hematology-SQUH	24413419	mathewz@omantel.net.om
Dr. Eileen Tomas	Member	Sr. Consultant, Child Health, Royal Hospital	24599053	roy-eileen@moh.gov.om
Dr. Nagwa El Banna	Member	Sr. Specialist Ped. Hematology Oncology Dept. – Royal Hospital	24599053	drnelbanna18@yahoo.com
Dr. Thamina Mohd Ashraf	Member	Specialist Head of Central Blood Bank-Dept. of Blood Services	24502324	dir_bld_srv@moh.gov.om
Dr. Chao Hung Ho	Member	Professor, Dept of Hematology-SQUH	24141190	chaohungho@yahoo.com.tw
Dr. Shahnaz Al Balushi	Member	Dept. of Blood Services Central Blood Bank	24502324	dir_bld_srv@moh.gov.om
Dr. Shahina Daar	Member	Asst Prof., Hematology, SQUH	24144906	shahina@squ.edu.om

10. Histopathology

Name	Position	Post & Hospital	Tel. no.	E-Mail
Dr. Aisha Al-Hamadani	Chairman	Consultant, Pathology, SQUH	24141735	ashaalhamdani@hotmail.com
Dr. Fatma Ramadhan	Program Director	Sr. Consultant, Royal Hospital	24599728	fatmaramadhan@hotmail.com
Dr. Hunaina Al-Kindi	Assistant Program Director	Khoula Hospital	24565758 Ext. 1701	alkindihunaina@hotmail.com
Dr. Sosamma Thomas	Member	Sr. Consultant, Histopathology, Royal Hospital	24599617	Rstthomas79@gmail.com
Dr. Dushyanti Samarasinghe	Member	Consultant, Histopathology, Royal Hospital	24599617	channa@omantel.net.om
Dr. Sarah Kuruvila	Member	Armed Forces Hospital	24331973	alexp@omantel.net.om
Dr. Anna Saparamadu	Member	Consultant, SQUH	24141735	pamsaparamadu@yahoo.com
Dr. Ahmed Al Sabri	Member	Consultant, Forensic Medicine Dept., Royal Oman Police	24683100 ext. 5375	alsabri@omantel.net.om
Dr. Dilani Lokuhetty	Invited Member	Consultant Pathologist, SQUH	24141737	dilanil@yahoo.com

11. Internal Medicine

Name	Position	Post & Hospital	Tel no.	E-mail
Dr. Omar Al-Rawas	Chairman	Associate Prof, CoM&HS, HoD Internal Medicine Dept. SQUH	2414-3404 Ibrahim-sec	orawas@squ.edu.om
Dr. Mohammed Al-Mukhaini	P.D	Sr. Consultant, Royal Hospital	2459-9780	drmukhaini@hotmail.com
Dr. Noor Al-Busaidi	Assist. P.D	Sr. Consultant, Royal Hospital	2459-9883	dralbusaidi@hotmail.com
Dr. Mahfoos Farooqui	Assist. P.D	Sr. Consultant, SQUH	24143482 24143404	farooqui@squ.edu.om
Dr. Dawood Al Riyami	Member	Consultant, SQUH	2414-4224 Bleep 940	alriyamidawood@yahoo.com dawood@squ.edu.om
Dr. Nasser Al-Busaidi	Member	Sr. Consultant, Royal Hospital	2459-9220	enhsa@yahoo.com
Dr. Mohammed Al-Lamki	Member	Sr. Consultant, Royal Hospital	2459-9451	ninosh@omantel.net.om
Dr. Kadhim Jaffer	Member	Sr. Consultant, , Royal Hospital	2459-9807	kjsulaiman@hotmail.com
Dr. Abdullah Balkhair	Member	Consultant, SQUH	2414-4935	balkhair2000@hotmail.com
Dr. Faryal Al-Lawati	Member	Consultant, SQUH	2414-4943	faryal@squ.edu.om khami001@hotmail.com
Dr. Saif Al-Abri	Member	Sr. Consultant, Royal Hospital	2459-9228	salabri@gmail.com
Dr. Juma Al-Kaabi	Member	Consultant SQUH	2414-4929	kaabi@squ.edu.om jkalkaabi@hotmail.com
Dr. Ali Saif Al Mamari	Member	Consultant, SQUH	2414-3404	amamari@squ.edu.om asalmamari@hotmail.com
Dr. Bassim Al Bahrani	Member	Sr. Consultant, Royal Hospital	2459-9657	bassim@hotmail.com

12. Microbiology

Name	Position	Post & Hospital	Tel no.	E-mail
Dr. Kamal Mustafa Elhag	Chairman	Sr. Consultant, Royal Hospital	24599730	elhag@omantel.net.om
Dr. Amina Al- Jardani	Program Director	Sr. Specialist, Microbiology, Royal Hospital	24599434	draljardani@hotmail.com
Akbar Rafay	Assistant Program Director	Consultant, Microbiology & Immunology	24141125	akbar@squ.edu.om
Dr. Sulaiman Al Busaidi	Member	Public Health Lab, HoD, Ministry of Health	24705943	mohdl@omantel.net.om
Dr. Faryal A K Al Lawatia	Member	Consultant, Infectious Diseases, Royal Hospital		khami001@hotmail.com
Dr. Abdullah Ba-Al Khair	Member	Consultant, SQUH	24144935	balkhair2000@hotmail.com
Fatma Al- Yaqoobi	Member	Specialist, Microbiology, Royal Hospital	24599213	fatmayaquobi@yahoo.com
Mubarak Al-Yaqoobi	Member	Specialist, Microbiology, Royal Hospital	24599213	Mubarak18@gmail.com
Dr. Seif Al Abri	Member	Sr. Consultant, Infectious Diseases, Medicine, Royal Hospital	24599228	salabri@gmail.com
Dr. Jalila Al Lawati	Member	Specialist, Microbiology, Royal Hospital	24599213	jalila.mohsin@gmail.com
Dr. Helmut Schuster	Member	Sr. Consultant, SQUH		helmut@squ.edu.om
Dr. Nada Al Siyabi	Member	Junior Specialist, Muscat Region	24599213	nadaalsiyabi@hotmail.com

13. Obstetrics & Gynecology

Name	Position	Post & Hospital	Tel no.	E-mail
Dr. Noor Al-Mandhari	Chairperson	Senior Consultant, Royal Hospital	24599021	nalmandhari@yahoo.com
Dr. V. Gowri	P.D	Asst. Prof / Consultant, SQUH	24413970 24143485	gowri@squ.edu.om
Dr. Anita Zutshi	Assist. P.D	Senior Consultant, Royal Hospital	24599021	anitazutshi@gmail.com
Dr. Lovina Machado	Assist. P.D	Sr. Registrar, SQUH	24143421	lovina1857@gmail.com
Dr. Kanchana Rajan	Member	Sr. Consultant Royal Hospital	24599021	raajan@omantel.net.om
Dr. Majda Abdul Rahman Al-Irhayim	Member	Senior Consultant, Royal Hospital	24599021	irhayim@yahoo.com
Dr. Usha Sharma	Member	Senior Consultant, Royal Hospital	24599021	ushasha@gmail.com
Dr. Saadia Al-Riyami	Member	Senior Consultant, HoD, Royal Hospital	24599022	drsaadiaalriyami@gmail.com
Dr. Kuntal Rao	Member	Senior Consultant , & Acting HoD, Ob/Gy, SQUH	24143475	kuntalrao@hotmail.com
Dr. Moza Al Kalbani	Member	Consultant, AFH	24331787	malkalbani@hotmail.com
Dr. Lamiya Al Kharousi	Member	Consultant, SQUH	24143485	dr_alkharousi@hotmail.com
Dr. Sharifa Al Mahrizi	Member	Sr. Consultant Royal Hospital	24599021	almsharifa@hotmail.com
Dr. Maha Al Khaduri	Member	Consultant, SQUH	24560182	m.khaduri@gmail.com

14. Ophthalmology

Name	Position	Post & Hospital	Tel no.	E-mail
Dr. Abdullah Said Ali Al-Mujaini	Chairman	Consultant, SQU	24143516 24144517	mujainisqu@hotmail.com
Dr. Naila Salim Al-Harhi	Program Director	Sr. Consultant, Al-Nahdha Hospital	24832045	visionoman@hotmail.com
Dr. Sana Saad Ali Al-Zuhaibi	Asst. Program Director	Consultant, SQU	24143516 24144517	zuhaibi@hotmail.com
Dr. Raheema Abdullah Mohammed Al-Mahrouqi	Asst. Program Director	Sr. Specialist, Al-Nahdha Hospital	24832045	um_talal@maktoob.com
Dr. Bader Mohammed Hilal Al Barwani	Asst. Program Director	Sr. Consultant, AFH	2433100 24331171	albarwanib@gmail.com ; balharthy@yahoo.com
Dr. Abdullatif Hussain Noor Mohammed Al-Raisi	Member	HoD Ophthalmology, Al Nahdha Hospital	24832045	aymraisi@yahoo.com ; eyeos@gmail.com
Dr. Nadia Sulaiman Ali Al-Kharousi	Member	Consultant, SQU	24143516 24144517	nadiqi@hotmail.com
Dr. Anuradha Ganesh	Member	Consultant, SQU	24143516 24144517	gananu@gmail.com
Dr. Hassan Mahad Al-Katheri	Member	Sr. Consultant, Sultan Qaboos Salalah	23216643	omaneyecenter@hotmail.com
Dr. Chandra Shekar Nooyi	Member	Sr. Consultant, Al-Nahdha Hospital	24832045	csnooyi@omantel.net.com ; csnooyi@yahoo.com

15. Psychiatry

Name	Position	Post & Hospital	Tel no.	E-mail
Dr. Ziad Zaidan	Chairman	Asoc Prof/ HoD, SQUH	24141150 24144418	zaidan@squ.edu.om
Dr. Rodger Martin	P.D	Sr. Consultant SQUH	24144416 24141707	roger@squ.edu.om
Dr. Jamila Tufail Al Rahman	Assist. P.D	Sr. Specialist, Ibn Sina Hospital	24876311	jtrahman@hotmail.com
Dr. Amr Guenedi	Assist. P.D	Sr. Registrar, SQUH	24144414	amrguedi@hotmail.com
Dr. Mahmoud Al-Abri	Member	HoD, Addiction, Ibn Sina Hospital	24877693	cipam2006@yahoo.com
Dr. Sosamma John	Member	Sr. Consultant, Ibn Sina Hospital	24876312 24876319	jvalliattu@hotmail.com
Dr. Yousif Mirza	Member	Sr. Consultant & HoD, Ibn Sina Hospital	24876009	yk.mirza@gmail.com
Dr. Marwan Al-Sharbati	Member	Associate Professor SQUH	24143462	marwan@squ.edu.om
Dr. Harith Al- Ghassany	Member	Assistant Professor SQUH	24141164	hghassany@gmail.com
Dr. Samir Al-Adawi	Member	Associate Professor SQUH	24141139	adawi@squ.edu.om
Dr. Yousif A. Rahma Obied	Invited Member	Registrar, SQUH	24144411	yousifobeid@gmail.com yousifa@squ.edu.om
Dr. Shahnawaz Khan	Invited Member	Sr. Registrar, Ibn Sina	24786669	khanshah@omantel.net.om

16. Radiology

Name	Position	Post & Hospital	Tel no.	E-mail
Prof. Lamk Al-Lamki	Chairman	Prof, HoD, SQUH	24144845	llamki@yahoo.com, lamk99@gmail.com lamk@squ.edu.om
Prof. Neela Al-Lamki	P.D	Prof, SQUH, Vice President for academic affairs, OMSB	24499252-ext: 102	neela.allamki@omsb.org, n_lamki@yahoo.com nailalamki@gmail.com
Dr. Saqar Hamad Al-Tai	Assist. P.D	Sr. Consultant, Royal Hospital	24599418	saqaraltai@hotmail.com
Dr. Khamis Al-Muzahmi	Assist. P.D	Sr. Consultant, Khoula Hospital	24562793 24560455-1728	khamis122@yahoo.com
Dr. Humoud Al-Dhuhli	Assist. P.D	Consultant, SQUH	24144807 24144824	alzuhli@hotmail.com
Dr. Asim Darweesh	Member	Sr. Consultant, Royal Hospital	24599392	dr_assim@hotmail.com
Dr. Husam Al-Kindi	Member	Sr. Specialist Royal Hospital	24599392	halkindy19@hotmail.com
Dr. Shaikha Al-Bulushi	Member	Sr. Consultant, Royal Hospital	24599418 24599429	sns130@hotmail.com
Dr. Ashok Kumar Nath	Member	Khoula Hospital	24562793 24560455 - 1728	Akn20j@gmail.com
Dr. Arun Kumar	Member	Radiation Protection Adviser, Ministry of Health	24692238	arunls@omantel.net.om rpa-moh@moh.gov.om
Dr. Dilip Sankhla	Member	Sr. Consultant, SQUH	24144817	sankhladilip@gmail.com
Dr. Girish Kukde	Member	Consultant, HOD, AFH	24331404	girishk@omantel.net.om
Dr. Faisal Al Azri	Member	Consultant, SQUH	24144845	falazri@gmail.com

17. Core Program

	Position	Post & Hospital	Tel no.	E-mail
Dr. Faryal Khamis Al Lawati	Chairperson	Consultant, Royal Hospital	24144943	Khami001@hotmail.com
Dr. Ali Al Mashani	Deputy Chairman	Neurosurgery, Khoula	24562483	dralialmashani@hotmail.com
Dr. Ragini Vaishnav	Member	Asst. Prof. Pharmacology, SQU	24141105	ragini@squ.edu.om
Dr. Zahra Al Rawahi	Member	Anesthesia, SQUH	24144117	rawahiz@squ.edu.om
Dr. Tawfiq Al Lawati	Member	Sr. Consultant, Pediatrics, RH	24599803	tawfiqtaki@hotmail.com roy-tawfiq@moh.gov.om
Dr. Muna Al Saadoon	Member	Child Health/Clinical Affairs, SQU	24143461	munasa@squ.edu.om
Dr. Samir Hussein	Member	Sr. Specialist, SQUH	24144850	samirhus@gmail.com
Dr. Rashid Al-Abri	Member	Sr. Consultant, SQUH	24141709	ralabri@hotmail.com rabri@squ.edu.om

OMSB OFFICE & CONTACT NUMBERS

OMSB Address – Headquarters

P.O. Box 1948

Postal Code: 130, Al Athaiba

Telephone: 24499252

Fax: 24495478 / 24496802

Website: www.omsb.org

e-mail: omsb@omsb.org

Training Site Coordinators

Sultan Qaboos University	Mr. Yakubu Daniyan	24141151
Royal Hospital	Mr. Abdul Fattah Qindil	24599454
Al-Nahdha Hospital	Ms. Hamda Al-Waheibi	24831255 ext. 2220
Khoula Hospital	Ms. Selvi Ebeyraj	24560455 ext. 1484

Program Medical Coordinators

Telephone: 24499252

Ms. Cherry	Ext: 109	<ul style="list-style-type: none"> ▪ Pediatrics ▪ Psychiatry 	<ul style="list-style-type: none"> ▪ peditrics@omsb.org ▪ psychiatry@omsb.org
Ms. Carmina	Ext: 120	<ul style="list-style-type: none"> ▪ Examination & Certificates 	<ul style="list-style-type: none"> ▪ examination@omsb.org
Ms. Rose	Ext: 107	<ul style="list-style-type: none"> ▪ OBS & GYN ▪ Microbiology 	<ul style="list-style-type: none"> ▪ obgyn@omsb.org ▪ microbiology@omsb.org
Ms. Emerlyn	Ext: 137	<ul style="list-style-type: none"> ▪ Accreditation & Curriculum 	<ul style="list-style-type: none"> ▪ accreditation@omsb.org ▪ curriculum@omsb.org
Ms. Catherine	Ext: 131	<ul style="list-style-type: none"> ▪ Anesthesia ▪ Resident leaves 	<ul style="list-style-type: none"> ▪ anesthesia@omsb.org
Ms. Julie	Ext: 116	<ul style="list-style-type: none"> ▪ Dermatology ▪ E.N.T 	<ul style="list-style-type: none"> ▪ dermatology@omsb.org ▪ ent@omsb.org
Ms. Marijoy	Ext: 147	<ul style="list-style-type: none"> ▪ Medicine 	<ul style="list-style-type: none"> ▪ medicine@omsb.org
Ms. Myra	Ext: 108	<ul style="list-style-type: none"> ▪ Family and Community Medicine (FAMCO) 	<ul style="list-style-type: none"> ▪ famco@omsb.org
Ms. Rose Marie	Ext: 110	<ul style="list-style-type: none"> ▪ Radiology 	<ul style="list-style-type: none"> ▪ radiology@omsb.org
Ms. Gie	Ext: 115	<ul style="list-style-type: none"> ▪ Surgery ▪ Emergency Medicine ▪ Biochemistry 	<ul style="list-style-type: none"> ▪ surgery@omsb.org ▪ emergency@omsb.org ▪ biochemistry@omsb.org

Ms. Dinah	Ext: 114	▪ CPD Committee	▪ cpd@omsb.org
Ms. Xyllene	Ext:123	▪ Hematology ▪ Histopathology	▪ hematology@omsb.org ▪ histopathology@omsb.org
Ms. Suzette	Ext:117	▪ Ophthalmology ▪ Biochemistry	▪ ophthalmology@omsb.org ▪ biochemistry@omsb.org